

Wasaga Beach Public Library

# DIABETES CONVERSATION GROUP

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The last Monday of every  
month from 1pm - 2pm  
Starting on October 28th



Have you or a family member been diagnosed with type 2 diabetes or prediabetes? Join our informal Diabetes Conversation Group led by a diabetes Nurse or Dietitian from the South Georgian Bay CHC, to learn how to stay well with diabetes. The group will meet monthly to discuss different topics of interest, answer any questions you may have and provide an opportunity to meet other people in the community who share similar experiences.

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## HOW TO REGISTER:

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Online: [www.wasagabeach.library.on.ca](http://www.wasagabeach.library.on.ca)

Phone: 705-429-5841



South Georgian Bay  
Community Health Centre